

Dear Parents and Student-Athletes:

Welcome to the Southampton Public Schools Interscholastic Athletic Program. The main goal of the athletic program is to provide experiences that are fun and promote individual growth within a safe and healthy environment. By choosing to participate in one our sport's programs, your son/daughter has committed themselves to certain responsibilities and obligations.

Parents and student-athletes are encouraged to carefully read the entire handbook, as it will acquaint you with some specific policies/rules that are necessary for a well-organized program of interscholastic athletics. This handbook contains information that is important throughout a sports season, so please keep it handy for future reference.

If you have any questions/concerns regarding the Southampton School District Athletic Program and/or this handbook, please contact me at 591-4614 or 4615.

Sincerely,

Darren Phillips
Director of Athletics, PE, Health & Wellness

Philosophy of Interscholastic Athletics:

The Board of Education believes the opportunity for participation in Interscholastic Athletics is a vital part of the student's educational experiences and should be encouraged. Interscholastic Athletics should function as an integral part of the total curriculum, providing students with physical, mental and emotional experiences, which benefit not only the individual but the school and total community as well. Participants have an opportunity to acquire qualities of total fitness, self-discipline, loyalty and sincere devotion to a cause greater than themselves. Winning will always be kept in the proper perspective at Southampton.

Participation in interscholastic athletics is a privilege, not a right. Students wishing to take advantage of the opportunities presented to them by the Southampton School District must show a commitment to the athletic program by regular attendance at practices and contests, as well as conformity to the rules established by the district and/or coach. Failure to comply with the rules of conduct will result in appropriate disciplinary action and/or dismissal from the team.

Varsity Program Philosophy:

Varsity competition is the culmination of each sport's program. Normally, seniors and juniors make up the majority of the roster. At the varsity coach's discretion sophomores and freshman may be included on the team providing that evidence of advanced level of physical development, athletic skill and appropriate socio-emotional development is demonstrated. It is possible, but rare for a middle school level student to be included on the varsity roster. The process for moving an 8th student up is called Selective/Classification.

Squad size at the varsity level is limited. The number of participants on any given team is a function of those needed to conduct an effective and meaningful practice and to play the contest. It is vital that each team member has a role and is informed of its importance. The number of roster positions is relative to the students' acceptance of his/her individual role in pursuit of the

team's goals. While contest participation over the course of a season is desirable, a specified amount of playing time at the varsity level is never guaranteed.

A sound attitude and advance level of skill are prerequisites for a position on a varsity team, as is the realization that a varsity sport requires a six-day-a-week commitment. This commitment is often extended into vacation periods for all sport seasons. While contests and practices are rarely held on holidays and Sundays, the dedication and commitment needed to conduct a successful varsity program should be taken seriously.

The varsity coach is the leader of that sports program and determines the system of instruction and strategy for that program. The communication among the modified, junior varsity and varsity programs is the responsibility of the varsity coach. Preparing to win, striving for victory in each contest and working to reach the team and individual maximum potential are worthy goals of a varsity level team.

Junior Varsity Program Philosophy:

The junior varsity level is intended for those who display the potential of continued development into productive varsity level performers. Although team membership varies according to the structure of each program, sophomores and freshmen occupy the majority of roster positions. In certain situations, juniors who are expected to make contributions at the varsity level will be considered as well as middle school students who have satisfied all selection classification requirements.

At this level, athletes are expected to have visibly committed themselves to the program, team and continued self-development. To this end, increased emphasis is placed on physical conditioning, refinement of fundamental skills, elements and strategies of team play in addition to socio-emotional development. Junior varsity programs work towards achieving a balance between continued team and player development and striving for victory.

The realization that practice sessions are important is a premise that is vital to a successful junior varsity team and player. For all team members, meaningful contest participation will exist over the course of a season; however, a specified amount of playing time is never guaranteed.

Participants at this level are preparing themselves for the six-day-a-week commitment that is expected at the varsity level. While contests and practices are rarely held on holidays and Sundays, practice sessions are sometimes scheduled during school vacation periods. With the goal of becoming a varsity athlete clearly in sight, a high level of dedication and commitment is expected at the junior varsity level. Members of junior varsity programs may be brought up to the varsity as needed and determined by head varsity coach in consultation with junior varsity coach.

Modified Program Philosophy:

This program is available to all students in the seventh and eighth graders. Sport activities offered are determined by the existence of leagues, student interest, and the relationship to the high school program. At this level, the focus is on learning athletic skills and game rules, fundamentals of team play, socio-emotional growth, physiologically appropriate demands on the adolescent body, and healthy competition.

At the middle school level, it is our goal to provide a well-planned and well-balanced program of interscholastic athletics for as many students as possible. Ultimately, the number of teams and size of the squad in any sport will be determined by the availability of 1) financial resources, 2) qualified coaches, 3) suitable indoor and outdoor facilities, and 4) a safe environment.

In order for the desired development of the adolescent athlete and the team to occur, practice sessions are vital. The New York State Public High School Athletic Association publishes regulations by which practice sessions are governed. Vacation/recess practices are not regularly scheduled at the middle school. However, on rare occasions practices are scheduled on Saturdays in order to meet the required number of practices needed to participate. These practices are optional, scheduling of vacation/recess practices will be an administrative decision, which will be reviewed on a yearly basis. Opportunities for meaningful contest participation for each team member will exist over the course of a season.

Athletic Code of Conduct:

The Code of Conduct can be found on the district calendar and website. This Code of Conduct outlines the rules and regulations that each athlete must abide by while participating on a Southampton sports team. The code addresses students' behavior in the school, community and athletic arena; sportsmanship, academics, use of athletic equipment.

Student Responsibilities:

- 1) Students are expected to attend all practices and games. Any student who cannot attend a practice or game must inform the coach personally prior to the practice/contest or by that day. The coach will notify the athlete of any consequences for missing practice.
- 2) Students must participate in regularly scheduled physical education class to be eligible to participate in a practice or contest that same day.
- 3) Students will be issued uniforms for use during contests and practices only. Uniforms are not to be used for PE class or casual use.
- 4) All athletes receiving equipment will be responsible for the equipment issued. If the equipment is lost, the athlete will be charged accordingly. A student may be prevented from participation in next season if equipment has not been returned or paid for.
- 5) Any student who is absent from school is not eligible to take part in any practice or game that is scheduled for that day. Students must be in school by 4th period. In the case of extenuating circumstances, the student must seek clearance from the Principal or AD.

Interscholastic Athletics- Regulations:

Student eligibility for participation on interscholastic teams shall include:

1. **Medical-** All athletes must have authorization by the school or their own physician.
2. **Parental Consent-** All athletes will complete and have signed by a parent/guardian a parental permission form (Yellow Card).
3. **Equipment-** All equipment issued to an athlete must be kept in good condition. The athlete must pay for lost equipment.

Sports Physicals:

All players must have a physical before participating in any physical activity. The school Nurse will provide all coaches a list of players who have an up to date physical. Athletes need only one examination for the entire year. ***However, students and parents must realize that a Health History Update must be done at the beginning of each new sport season (Fall, Winter, Spring).*** Medical examinations will be scheduled periodically during the school year. If a player is examined by his/her own Physician, the player will forward a copy from the Physician to the school Nurse. The nurse must release the player for participation.

Doctor's Note:

Any student who is under a physician's care and has on file an excuse with the nurse and/or coach prohibiting participation in sports will not be allowed to participate again until the physician authorizes participation with written release.

*A student absent for injury or sickness for 5 or more consecutive days must have a release from the doctor of treatment.

The School Physician is the **FINAL AUTHORITY on a player's eligibility.

Phone Numbers/Medical Card:

All players must return a signed yellow emergency medical card before the first practice.

Risk Factors in Sports:

By the very nature of athletic activity, participants are at risk of physical injury. No matter how careful the athlete and coach are, and no matter how many precautions are taken, the risk cannot be eliminated. The risk of injury includes minor injuries such as broken bone, dislocations and muscle strains. The risk also includes catastrophic injuries such as permanent paralysis or even death. It is important everyone understands these risks, and that athletes follow all safety directions from their coaches because they are established to reduce the risk of injury.

Athletic Trainer:

The athletic trainer provides emergency service for student-athletes and develops prevention strategies through appropriate training methods and physical conditioning programs. To ensure proper follow-up after an injury, the trainer consults with the parents, school nurse and/or school physician.

Injuries:

It is the student-athlete's responsibility to immediately report any injury to his or her coach. The coach will then complete an incident report. If a student-athlete has been removed from a practice or contest because of an injury that requires seeing a physician, the student-athlete cannot return to practice or competition without a physician's release. It is the student-athlete's responsibility to get the release to the school nurse; do not leave the responsibility to some other person. Athletes who are injured should discuss with coach whether to attend practices or not. This may dependant on severity of injury and sport athlete is playing.

Medical Insurance:

Southampton Schools carries insurance coverage for student injuries that occur within its supervised activities. Please be aware that a family's personal insurance coverage must first be used to its allowable limits before the school's coverage makes payments toward any unpaid balance incurred due to the injury.

Automated External Defibrillators (AED's):

The Southampton School District now has AED's located throughout the district to be used in medical emergencies. All coaches are trained to use the AED's.

The Coach:

All Southampton coaches are New York State certified with current certification in first aid and CPR. Each coach is responsible for guiding their student-athletes through practices, scrimmages

and games appropriate to their age and level of play. The coach teaches physical skills, sportsmanship, ethical conduct and fair play in accordance with the Southampton Athletic Philosophy.

Schedules:

Team schedules will be made available by the coach and/or picked up at the athletic department located in the high school. Schedules can also be found online at www.sectionxi.org. Please understand that schedules can change daily so check with the coach or call the athletic office. The Section XI website is the most accurate and up to date.

Tryouts:

The coaches will meet with their respective candidates prior to the sports season and inform them of plans for tryouts. When it is necessary to limit roster sizes the coach will post a list of final team members or meet with those cut separately after the last tryout date. Players may be cut for the lack of ability, effort, attitude, conduct or absence from a tryout. The coach has the sole responsibility for choosing team members.

Separation from a team:

Dismissal or suspension from a team will be determined by the coach in consultation with the AD and, if necessary, the school administration. The coach will notify the parent/guardian that their child is no longer on the team.

Quitting a team:

During the first week of practice a player may withdraw from the team without penalty providing he/she has discussed the matter with the coach and Athletic Director before leaving. The procedure after the first week could require a formal meeting with the Athletic Director, Parent, Student, and Coach. The student may be prevented from participating in athletics on other sport teams without an acceptable reason for quitting as determined by the Athletic Director.

Vacation/Recess Policy:

Being chosen to represent the Southampton School District as a member of an interscholastic team is an honor and privilege and requires great commitment and responsibility. Varsity and Junior Varsity athletes are expected to participate in all tryouts, practices, scrimmages and contests during vacation/recess periods. This includes tryouts and practices that occur prior to the beginning of school in September, Thanksgiving, Christmas, Winter and Easter breaks. Student-athletes may petition the AD for relief in these matters if extenuating circumstances exist such as medical reasons, religious observances, court appearances or other legal reasons.

Changing Sports:

A student-athlete may change from one sport to another provide they have received permission from the coaches involved and the Athletic Director. If he or she has been cut from one team it is legitimate to try out for another team. The student-athlete must understand that practices are sport specific and cannot count from one sport to another.

Conflicts with Other School Activities:

An individual student who attempts to participate in too many activities will undoubtedly be in a position of conflicting obligations. The Athletic Department recognizes that each student should have the opportunity for a broad range of experiences in school activities and, to this end, will attempt to schedule events in a manner so as to minimize conflict. The athletes and

parents/guardians must realize that many times schedules cannot be changed because of league or section regulations or facility usage.

Student-athletes have a responsibility to do everything they can to avoid continuous conflicts. This would include being cautious about belonging to too many activities where conflicts are bound to happen. It also means notifying the coaches involved immediately when a conflict arises, not on the day of the conflict.

Guidelines For Behavior:

It is the belief that good sportsmanship on the part of spectators at athletic contests is as important as good sportsmanship on the part of athletes. The following guides for conduct are suggested as a means of continuing and strengthening the ties that exists between competing schools.

Visiting team members, students and adult spectators are guest to be accorded all the courtesy and consideration that a friendly, well-mannered and well-intentioned host would normally give. The visitors, in turn, are to act as invited guests, using our school's facilities with care and respecting the rules.

- Athletic opponents and officials are guests and should be treated as such*
- Spectators should watch the game from those areas designated by each school as spectator areas*
- Verbal abuse of opposing athletes or officials by team members or spectators shall be considered unsportsmanlike conduct*
- It shall be the responsibility of authorized school personnel attending games, either home or away, to make sure students from our school conduct themselves appropriately*
- Officials are the proper authorities to make decisions regarding rules and their interpretation; these decisions should be accepted*
- Cheering should be in support of either team and should not be directed toward creating unfriendly rivalries among athletes or fans*
- Any spectator who displays poor sportsmanship will be requested to leave and may be denied admission to future contests*
- Spectators, athletes and coaches must recognize that their conduct plays an important role in establishing the reputation of their schools and that their positive actions can relate directly to the success of their teams*

Selective Classification Guidelines:

The selective/classification program was designed for mature and especially skilled student-athletes to advance to an upper level that is suited for their development and ability. The program is not to be used to fill positions on teams, provide additional experience, provide a place for middle school students when no modified program is offered, or to reward a student-athlete. It is aimed at the few select students who can benefit from such placement because of their level of readiness.

The selective classification process will be coordinated between the AD, the building nurse and PE teacher with input from the varsity coach of the specific sport.

To allow EXCEPTIONAL ATHLETES the opportunity to be selected for a high school team, the NYSPHSAA has established a "tryout" period. **The tryout period shall be the first 3 days (8 days in football) of THE HIGH SCHOOL SEASON. Tryout periods for wrestling and boys' lacrosse shall be a maximum of 5 days.** If a student practices beyond the mandated period, they **shall not return** to the modified athletic program in that same season in that same sport.

Criteria for Selective/Classification:

- Signed parent permission slip
- Completed athletic profile
- Medical evaluation (physical maturity) by school or family doctor
- Successful completion of physical performance tests
- Evaluation by PE teacher
- Coaches skill evaluation
- Student must have good academic standing as verified by teachers and/or guidance counselors
- **** 7th grade student athletes will not be allowed to go through Selective Classification process. 7th graders must prove they are outstanding by participating at JH level for one year. If they show they are truly outstanding during 7th grade year they will be allowed to go through selective classification as an 8th grader.

Transportation:

1. Athletes will travel to all games by the transportation provided by the school.
2. Discipline on the bus is the responsibility of the coach in charge.
3. Athletes will not be allowed to drive to practice or games unless cleared with the AD and this will be granted only under extreme circumstances.
4. All students who ride to away contests by bus shall return by the same bus. A student may be released to a parent only with a written request, for transportation home from an away contest. A coach is not permitted to dismiss a student to anyone but the parent or legal guardian.
5. All transportation requests must come through the AD- no coach is to try to make his own arrangements for buses.
6. No student is to travel on the team bus unless he/she is an official part of the team.
7. It is the Coach's responsibility to check their schedule against the MASTER SCHEDULE from the AD's office for any conflicts or errors in the transportation schedule, dates, places and times.
8. Coaches are requested to check the bus (seats) for damage after each trip.

Transfer Students:

If a student transfers from one school to another without a corresponding change of residence of his or her parents, that student is ineligible to participate in any interscholastic athletic contest in a particular sport for one year if the student participated in that sport for the one year immediately preceding the transfer. Students who are emancipated minors or who reached the age of majority and established a separate residency are exempt from this ruling. Other must appeal. Please see AD for appeal procedure.

A student is able to transfer from a private school back to his home district and be eligible for participation. The paperwork still must be submitted and the transfer is only allowed one time. The transfer rule applies only to students going into grades 10, 11, or 12.

Exchange Students:

A bona fide foreign exchange student may be immediately eligible the first year in residence and be limited to one year eligibility provided the student a) is a participant in an established foreign exchange program accepted for listing by the Council of Standards for

International Travel (CSIET) and b) complies with all State Ed. Dept. and NYSPHSAA standards. Furthermore, there shall be no evidence that students, school or other interested party has influenced the assignment or the foreign exchange student to a school for athletic purposes.

Foreign Students:

All foreign students who have been graduated from the secondary school system in their country are ineligible for the interschool athletic program. Foreign students' eligibility shall be determined under the requirements of Standard #29- Transfer. Note: If a foreign student has participated in an organized sports program in a particular sport, equivalent to or on a higher level than our high school programs, he/she is ineligible to participate in that sport for one year.

Awards:

- JH 7th & 8Th grade- Certificate and special awards- MVP, MIP, Sportsmanship
- JV- Certificate and Special Awards- MVP, MIP, Sportsmanship
- Varsity- 1) Varsity Letter (first year only), 2) Sport pin 3) Certificate 4) Special Awards- MVP, MIP, Sportsmanship, Coaches
- Gold Key- presented to seniors who letter in 8 out of 9 sports seasons, JV or Varsity, grades 10-12
- Most Outstanding Male & Female Senior Athlete
- Mariner Award- presented to senior(s) who have shown superior dedication, effort and commitment
- Senior Award- Athletic History plaque
- Special Awards by Sport
 - Basketball- Romo Award
 - Track- Jayhawk Markham & Topping Award
 - Volleyball- Auster
 - Football- Goldsmith
 - Soccer- Harvard

Each JH, JV & Varsity Head Coach will hold an end of season award program, either together or separately, and present their players with their certificates and awards.

A Senior Athletic Dinner will be held in June by the Athletic Department. At this time all seniors will receive their senior award. In addition, Tri-Athlete, Gold Key, Outstanding Male & Female Senior Athlete, Mariner Awards and others will be presented.

Student-Athlete Code of Conduct and Training Rules

As a candidate for participation in the interscholastic athletic program of the Southampton Public School District, it is our hope that you will soon be a member of our outstanding program. It is very important that the student-athlete and the parents/guardians understand, agree to, abide by and reinforce the essential policies in regards to athletic training and behavior rules. These regulations have been established for the benefit of those who participate as players, students, and representatives of our community.

Participation in athletics demands a commitment that implies sacrifice and dedication to physical fitness and conditioning. Respect for one's health, physical development, and conduct must be an integral part of daily living. Unfortunately, education and reasoning alone are not always sufficient to deter poor decision-making involving chemicals and behavior. Therefore, in an attempt to fight this battle, the Southampton Athletic Department requires all of its participants to agree to and abide by the following student-athlete code of conduct.

- A) CHEMICALS:** Drugs (chemical substances) are a health hazard and are having a large negative effect in our society. Significant findings in health research, along with publicity surrounding deaths and arrests of professional, college and high school athletes, have most certainly pointed out the undesirability of using illegal substances (alcohol, marijuana, cocaine, etc.), especially at the teenage level. Our athletic program and staff, as well as the National Federation of State High School Associations, wholeheartedly endorse these findings.
- Any Offense:** An offense by any student-athlete who is found in possession of and/or using alcohol, marijuana, cocaine, or any other illegal substance, (anytime during the year ** in school or out of school) will be suspended from contests for a minimum of 2 weeks in addition to any out of school suspension received. The student-athlete may still practice with the team during the athletic suspension. A conference will be held between the student-athlete, his/her parents/guardians, the coach, and the Director of Athletics. The student-athlete will have the option to participate in counseling program and may be subject to random drug testing.
- Also, any images brought to the administration from sources like Facebook, My Space or any other internet sites will be considered as violations of the Code of Conduct.**
- B) BEHAVIOR:** Inappropriate behavior, as defined by the Southampton Public Schools Code of Conduct will apply to athletics in the following manner:
- A student-athlete who serves an in-school suspension or is sent out of class 2 or more times during the day to the Alternative Learning Center (ALC) will not be able to practice or play that day. The student-athlete will not be able to play, in any games, for one week, after serving the in-school suspension, but will be able to practice with the team. The student-athlete will miss a maximum of two games during the period of in-school suspension and through the ensuing week.
 - A student-athlete suspended out of school will miss all practices and games while out of school and will not be able to play in any games for one week (maximum two games) after returning from suspension. The student will be able to practice as soon as he/she returns from the out of school suspension.
 - In addition, any involvement with the police that results in an arrest anytime during the year** in school or out of school will result in a disciplinary review. The review committee will consist of the Athletic Director, Assistant Principal or Dean, and a varsity coach of another sport. The student-athlete who has engaged in conduct which is disorderly, insubordinate, and/or endangers the health, safety, or welfare of himself or others will be subject to suspension from all athletic contests, as determined by the Director of Athletics (in consultation with the coach). The student-athlete will be allowed to practice with the team during that time, if not suspended from school.
- C) HAZING:** Hazing in any form, including initiation that is degrading, is strictly forbidden by NYS law. No student shall conspire to engage in hazing, participate in hazing, or commit any act that causes or is likely to cause bodily danger, physical harm, personal degradation or disgrace, resulting in physical or mental harm to any fellow student or other person. It is understood that hazing of any kind is not allowed on this campus or in athletics. It is further understood that we have a duty to report any acts of hazing that we see or know of to a coach or administrator and participation in or failure to report any hazing will result in a disciplinary review and possible suspension and dismissal from the athletic program.

** The student-athlete code of conduct training and behavior rules are in effect year round and covers twenty-four (24) hours/day, seven (7) days a week. The suspension will be for the sport in which the student participates and may carry to his/her next sport of participation. All appeals are to be made in writing to the building principal. An appeal committee of the Principal and two varsity coaches of a different sport, not part of first decision, will make final decision

**SOUTHAMPTON EXTRA-CURRICULAR ACTIVITY ELIGIBILITY -
REGULATION**

ELIGIBLE STUDENTS

- 1) The boy or girl must be a bona fide student of Southampton High School or
- 2) Southampton Intermediate School, regularly enrolled on the official attendance register and in good standing.
- 3) In order to participate in the extra-curricular activities and courses, the bona fide student must attain the academic, attendance, and conduct standards hereinafter described.

ACADEMIC STANDARDS

Regular attendance in class and preparation for class are essential for learning. In order to encourage students to realize their academic potential, the academic progress of those students who participate in the extracurricular activities will be assessed at regular intervals. (Particular attention will be focused on effort and attendance.)

Although academic eligibility standards are not limited to athletics, for the purpose of monitoring students progress, the school year will be divided into segments which coincide with athletic seasons. In the high school there are three (3) "seasons", while in the middle school there are four (4) "seasons".

PROCEDURES:

Eligibility status for extracurricular activities will coincide with each of the athletic seasons. Every three weeks during these "seasons", student-participants will be reviewed by their teachers. Students involved in any athletic teams and/or clubs and activities are subject to this policy.

- 1) When a coach finalizes a roster for his/her team, he/she will submit that roster to the Athletic Director. All club and activity advisors will submit their lists to the Assistant Principal/Dean of Students.
- 2) A pre-season meeting will be held with all coaches by the Athletic Director and a meeting with club and extracurricular advisors by the Assistant Principal or Designee to explain the eligibility policy, procedures and consequences.
- 3) Students will be reviewed every 3 weeks using **Power School** to bring up academic grades of students who are failing. Students participating in athletics in the High School will meet with AD on that Friday or next available date to discuss with each student the course of action. Students in Intermediate School will meet with the Assistant Principal. Students participating in clubs or other

- extracurricular activities will meet with Assistant Principal or designee(club advisor).
- 4) A student who is failing one course will be placed on probation and must attend extra help twice a week for 3 weeks. The AD/AP/Club Advisor will check with their students on Friday each week to verify each student has attended extra help. Failure to attend extra help will result in the student not being eligible for games the following week if they are an athlete, but the student can continue to practice with team and catch up in extra help. A student in a club or extracurricular activity cannot take part in club activities for one week, including meetings, practice, trips, etc...For example if student only made 1 extra help the first week, the student would have to go to 3 the following week to be eligible for game or activity. If at the end of the 3 week probation period the student is still failing but attended all extra helps, the student will continue on probation for the next 3 weeks. If it is at the end of the season and the student plays another sport, the student will start on probation. Probation letters will be mailed home and coaches/advisors will be notified of students on probation. Each student is required to obtain signatures from teachers at extra help and show form to AD/AP/Advisor. Students in clubs and extracurricular activities will be held to same standards and consequences as athletes and will be monitored by the club advisors.
 - 5) A student who is failing 2 classes at the 3 week interval must attend 2 extra help sessions for each class each week. The AD/AP/Club Advisor will check with their students on Friday each week to verify each student has attended extra help. Failure to attend extra help will result in the student not being eligible for games the following week if they are an athlete, but the student can continue to practice with team and catch up in extra help. A student in a club or extracurricular activity cannot take part in club activities for one week, including meetings, practice, trips, etc... Probation letters will be mailed home and coaches will be notified of athletes on probation. Guidance counselors will be asked to assist with the students. Guidance will be notified and asked to make contact with parents by phone. Coaches will also be notified.

BOCES Students:

BOCES students will be held to the same standards as students attending SHS. BOCES students will have the opportunity to attend extra help during lunch for 20 minutes in Literacy Center or approved times (possibly in morning if teacher is willing and available) and therefore will be held to same standards and expectations as other student athletes.

Appeals:

A student may appeal a decision if there is a basis for the appeal. All appeals are to be made in writing to the building principal within 3 days after meeting with the Athletic Director. The Principal and Athletic Director will meet with parent and student if there is a basis for appeal and will make final decision on student athlete's eligibility.

ATTENDANCE STANDARDS

In order to participate in any extracurricular activity, a student is expected to be present for the full school day. However, a student who is legally absent from school for more than four periods cannot participate without prior approval from the administration.